

HOW WOULD YOU LIKE TO SEE YOURSELF?



If you were to describe or picture the ultimate version of you, what would that be (in your wildest dreams and fantasies)? Just write what comes to mind. Remember-don't be modest! Write about how you would feel if you were carrying yourself with complete authentic confidence. Who would you be? What would be different? Go ahead and write it down.

Then read it, and take it in.
THIS is who you really are.
Own it.

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